

Name: _____ Hour: _____ Date: _____

Listen Series: Girl in the Mirror-Jade

1. Describe Jade as a child. What are her goals for the future?
2. How did her friend dying impact her life?
3. Describe Jade as a teenager. What issues does she have to deal with during this time?
4. How does Jade describe herself as a teenager?
5. What is body dysmorphic disorder?
6. What affect has BDD had on Jade's life?

7. What type of relationships does Jade have with boys? Do you think her BDD has affected the relationships she has with boys?

8. How big of an issue is self-worth and appearance in teen girls? Why?

9. What can we do to help girls who feel like Jade?